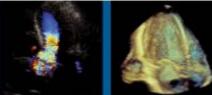


**19th ANNUAL**



**May 5-8, 2018**  
Marriott Copley Place, Boston, MA

**ASCeXAM/ReASCE REVIEW COURSE**



[ASEcho.org/LiveCourses](http://ASEcho.org/LiveCourses)



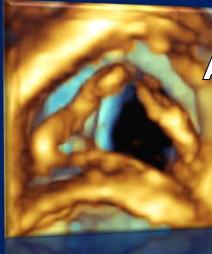
Course Director  
Roberto M. Lang  
MD, FASE

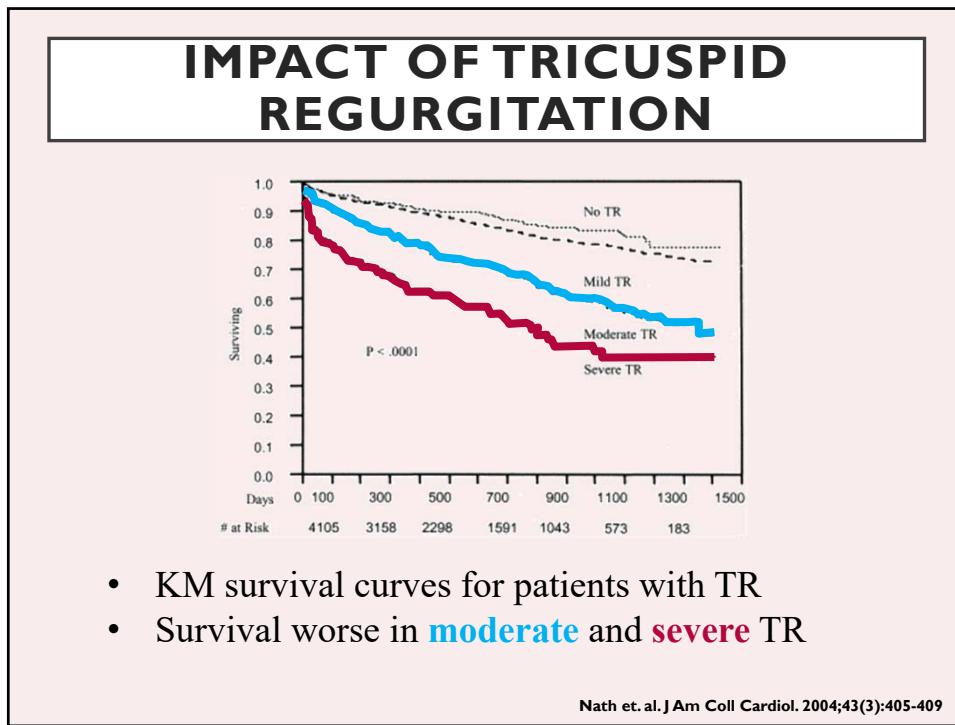


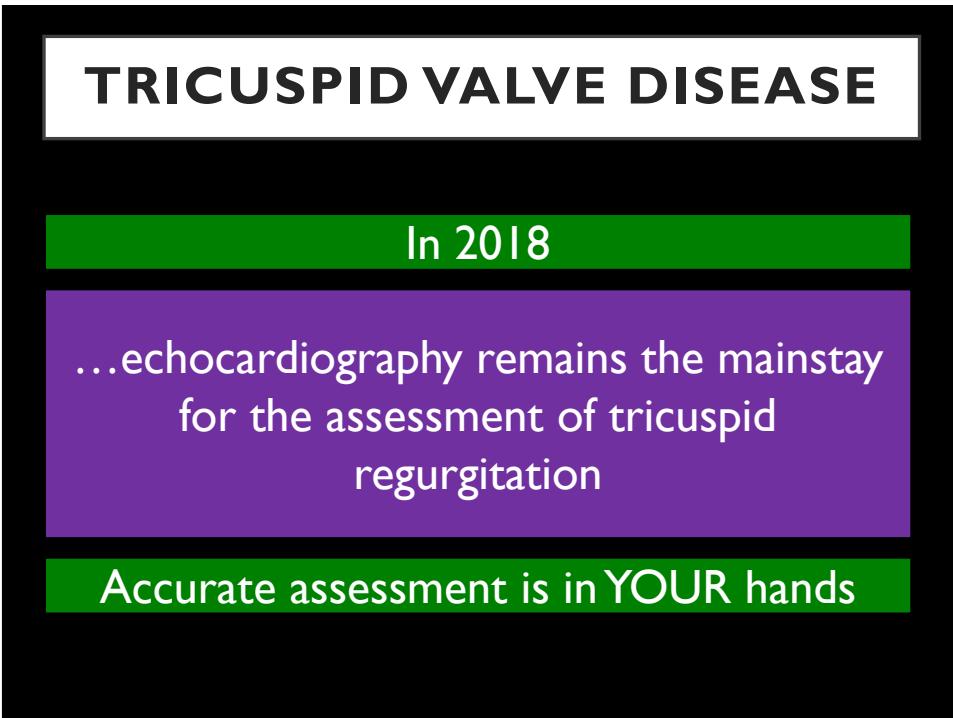
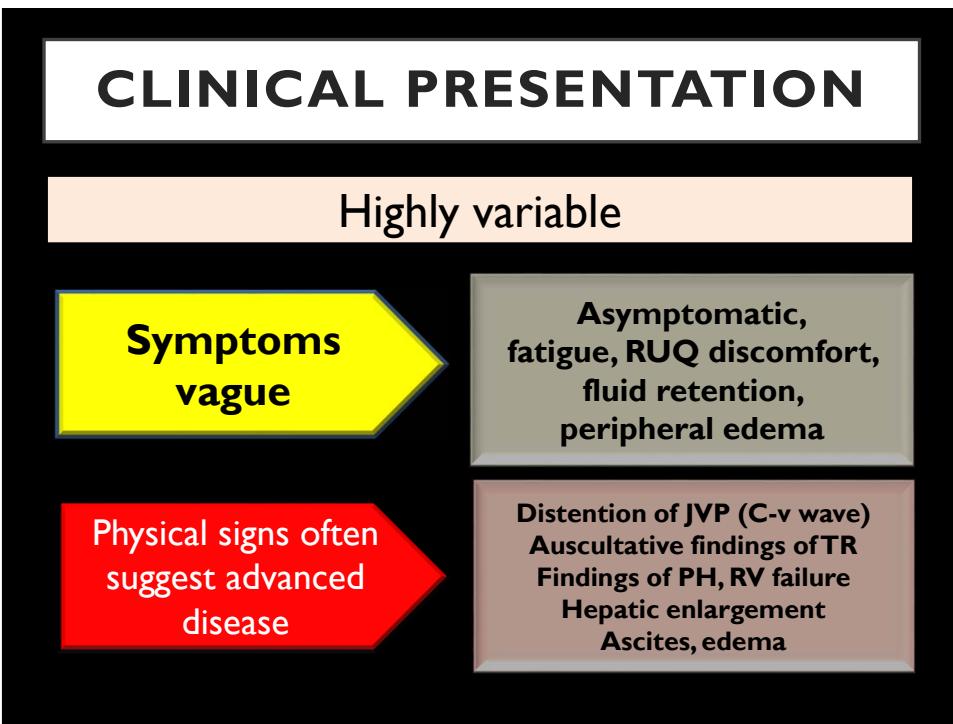
Course Co-Director  
Susan E. Wieggers  
MD, FASE

**TRICUSPID AND PULMONARY VALVE DISEASE: NEW GUIDELINES**

**Karima Addetia, M.D.**  
Assistant Professor of Medicine  
University of Chicago

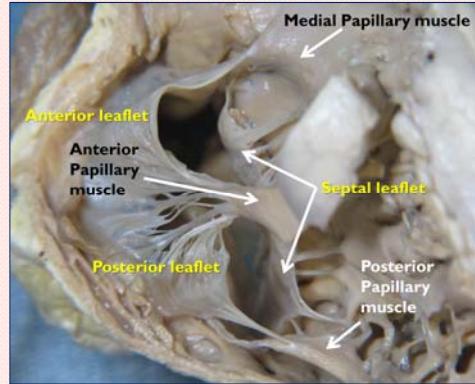







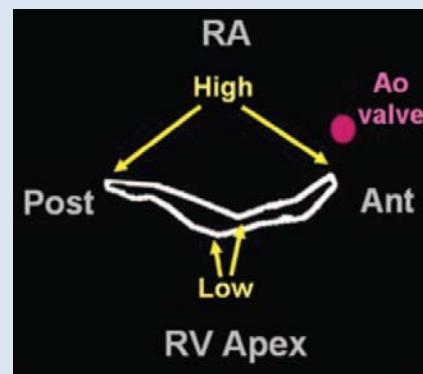
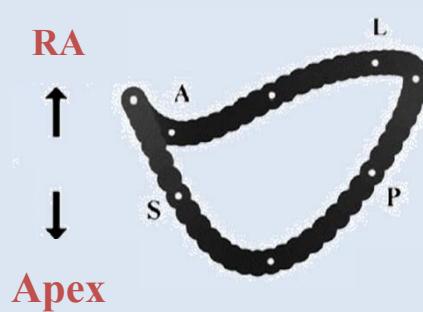
## THE NORMAL TRICUSPID VALVE COMPLEX

- I. Three leaflets
  - Anterior
  - Septal
  - Posterior
2. Fibrous annulus
3. Chordae tendinae
4. Papillary muscles
5. RA myocardium
6. RV myocardium

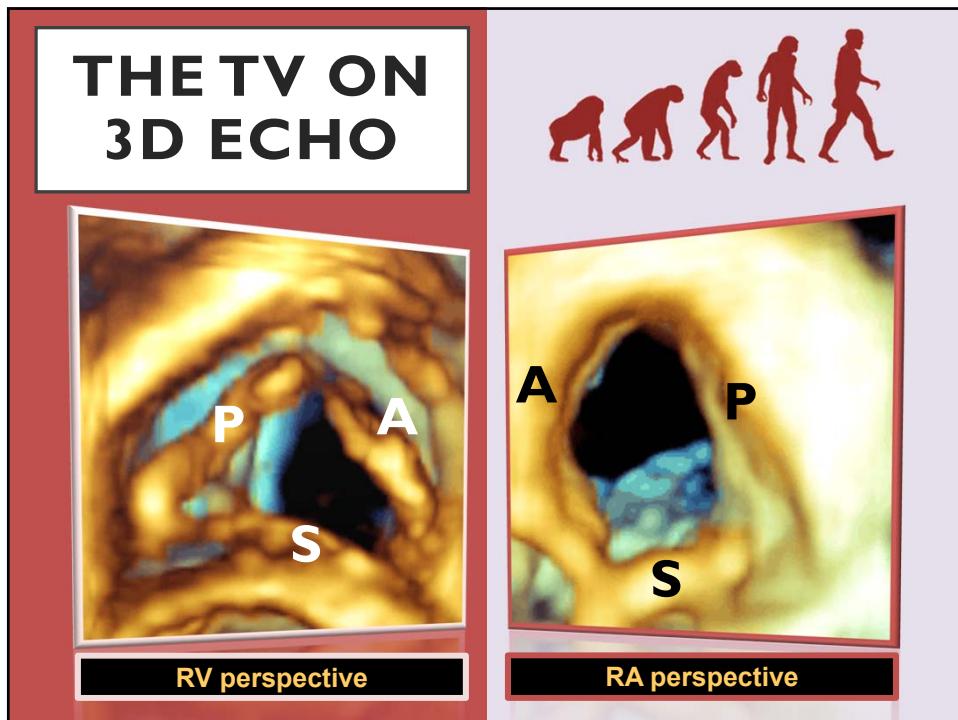
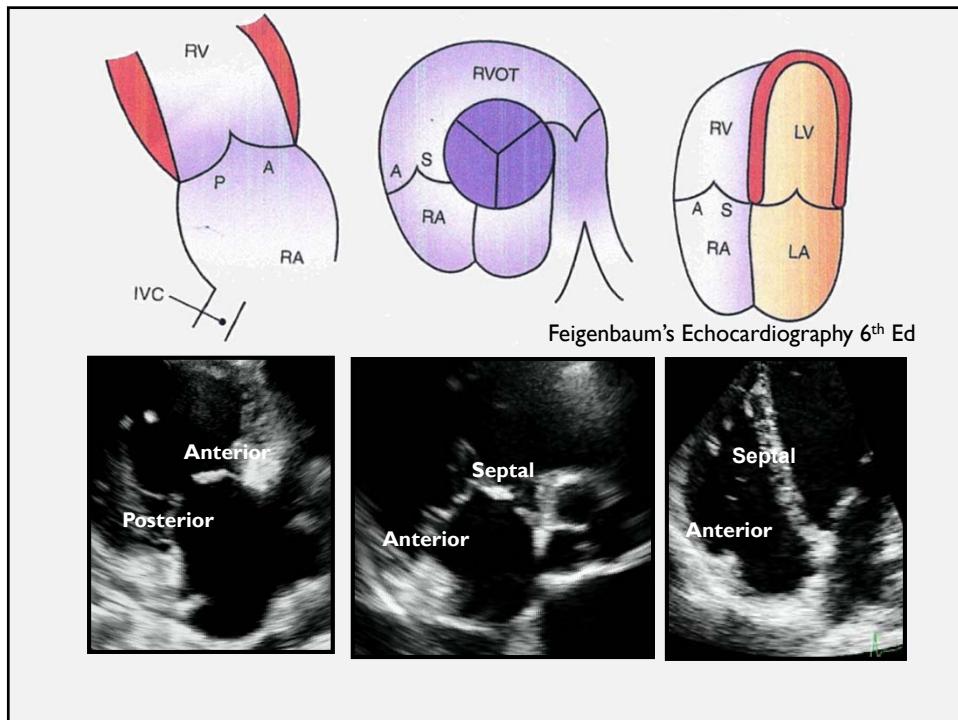


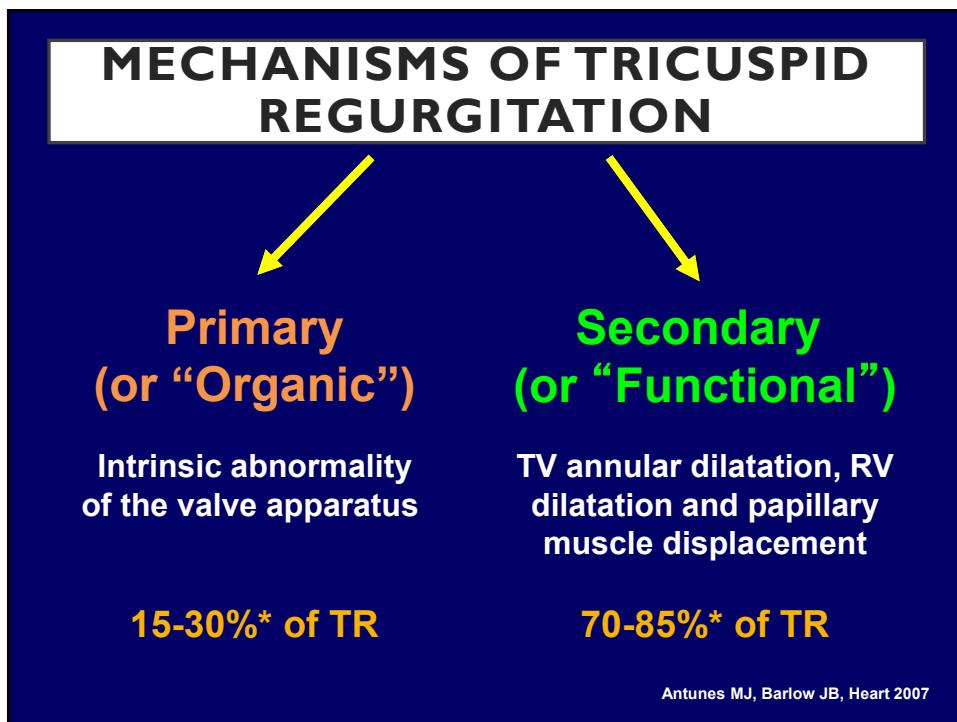
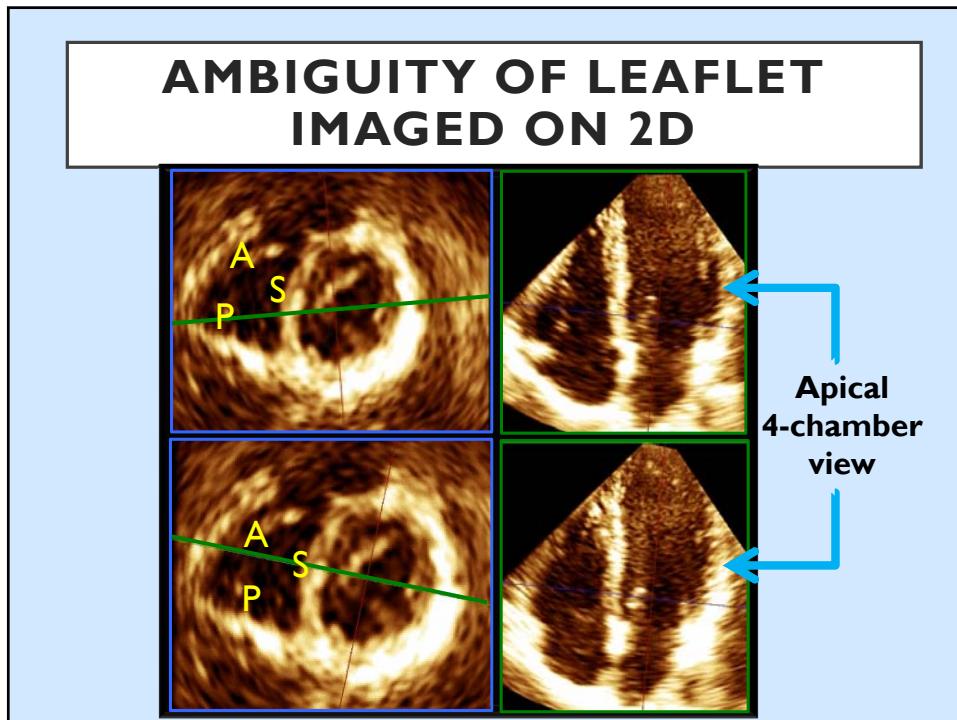
Courtesy Dr. Stephen P. Sanders,  
Professor of Pediatrics (Cardiology),  
Harvard Medical School

## THE NORMAL TRICUSPID VALVE



Ton-Nu *Circulation*. 2006





## PRIMARY “ORGANIC” TR

Intrinsic abnormality of TV leaflets and/or support apparatus

### Acquired

- Degenerative, myxomatous
- Rheumatic disease
- Endocarditis
- Carcinoid
- Toxins
- Chest wall trauma
- Iatrogenic (leads, RV biopsy)
- Other (e.g. ischemic, PM rupture)

### Congenital

- Ebsteins anomaly
- TV dysplasia
- TV tethering
  - Perimembranous VSD
  - Ventricular septal aneurysm
- Repaired tetralogy of Fallot
- Congenitally corrected TGA
- Other (giant RA)

• Other (e.g. ischemic, PM  
rupture)

• Other (e.g. giant RA)

## FUNCTIONAL TRICUSPID REGURGITATION

### Pulmonary hypertension



70-85%\* of TR

### RV dysfunction



### Left heart disease



TA dilatation  
RV remodeling  
PM displacement  
TV tethering

FTR

### Atrial fibrillation

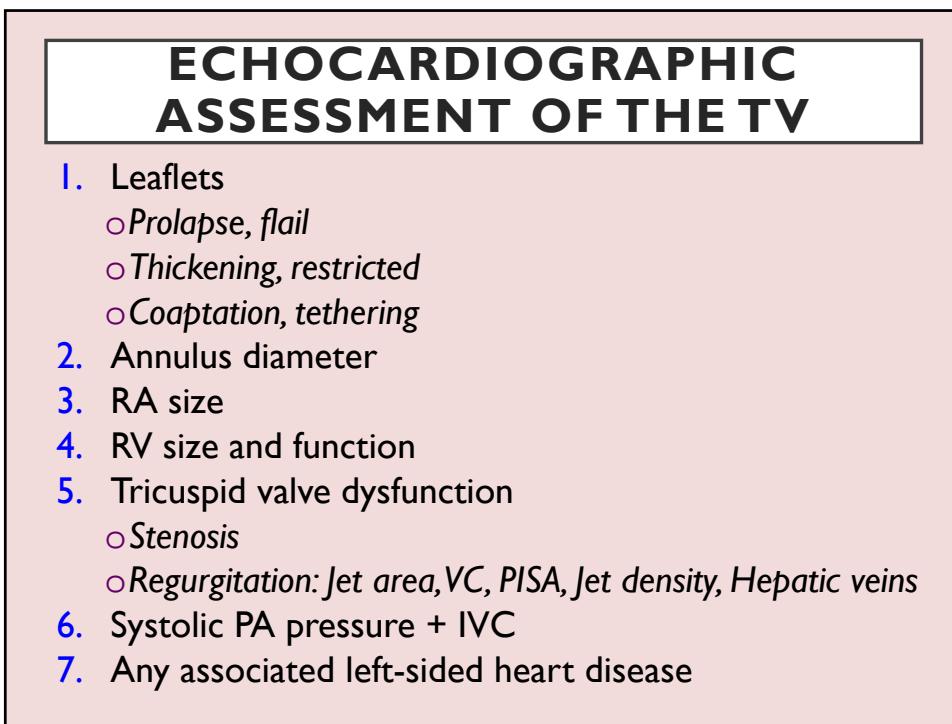
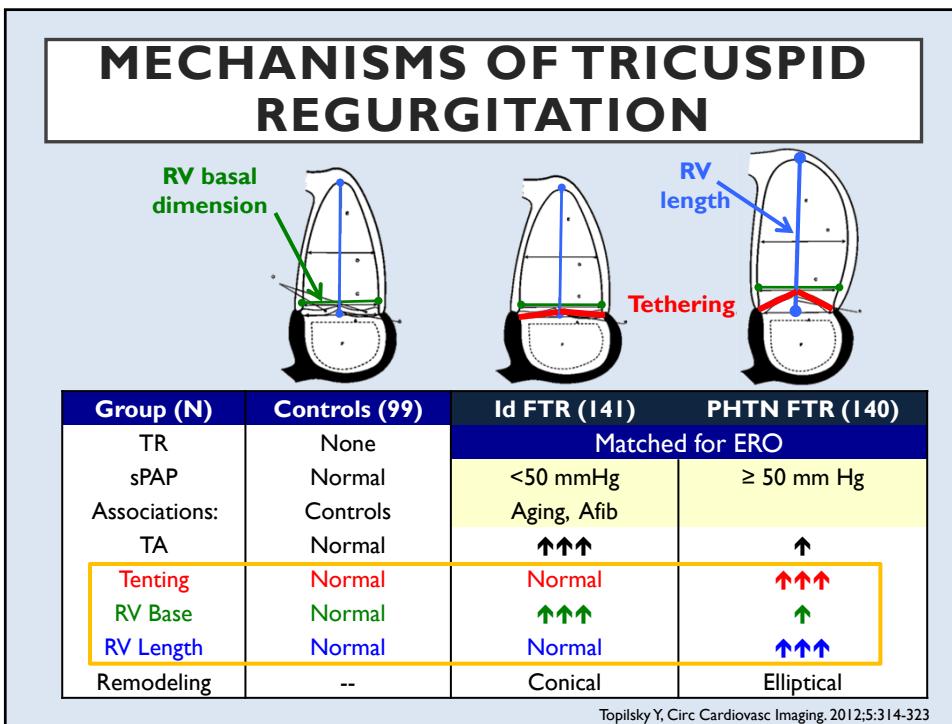


### RA abnormalities



Normal leaflets

Dreyfus G. J Am Coll Cardiol 2015;65:2331–6



## ECHOCARDIOGRAPHIC ASSESSMENT OF THE TV

### I. Leaflets

- Prolapse, flail
- Thickening, restricted
- Adequate coaptation?
- Tethering/tenting
- Perforation/ Trauma

### LEAFLETS: PRIMARY “ORGANIC” TR



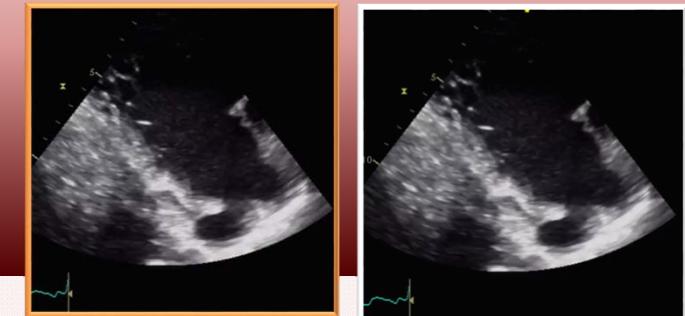
RA perspective

**Prolapse – all 3 leafets**

## LEAFLETS: PRIMARY “ORGANIC” TR

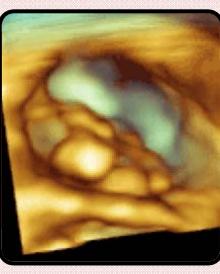
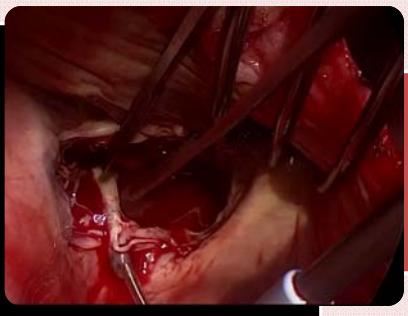
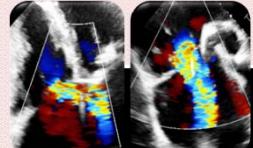
Traumatic Ruptured TV Leaflet

History of trauma - healed rib fracture



## LEAFLETS: PRIMARY “ORGANIC” TR

Iatrogenic: due to lead impingement

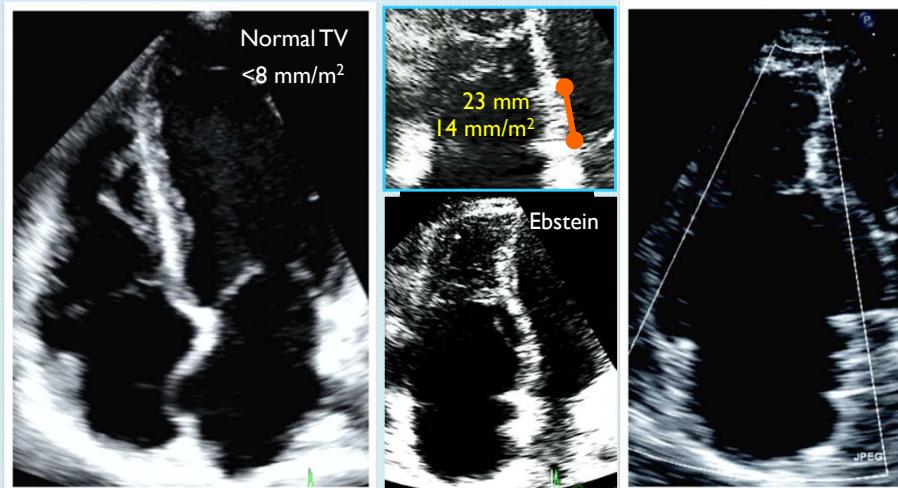


Pre-op

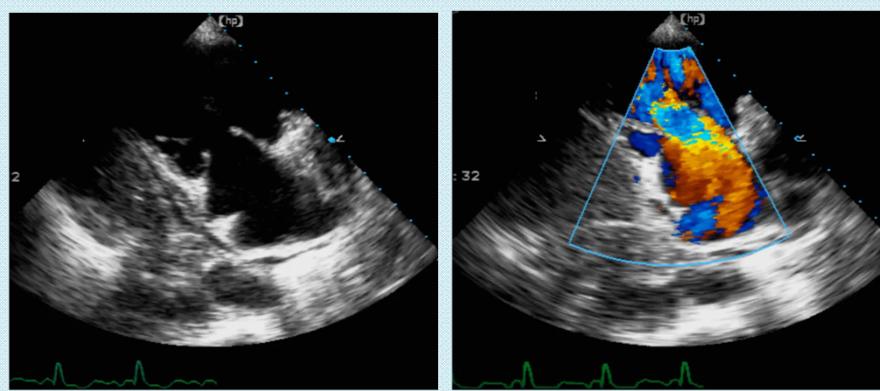
Post-op

Addetia K et. al. J Am Soc Echocardiogr 2014;27(11):1164-75

## LEAFLETS: PRIMARY “ORGANIC” TR



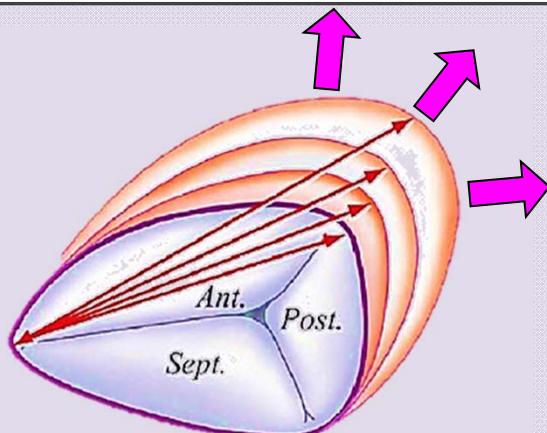
## LEAFLETS: PRIMARY “ORGANIC” TR



## ECHOCARDIOGRAPHIC ASSESSMENT OF THE TV

### Annulus diameter

## FUNCTIONAL TRICUSPID REGURGITATION

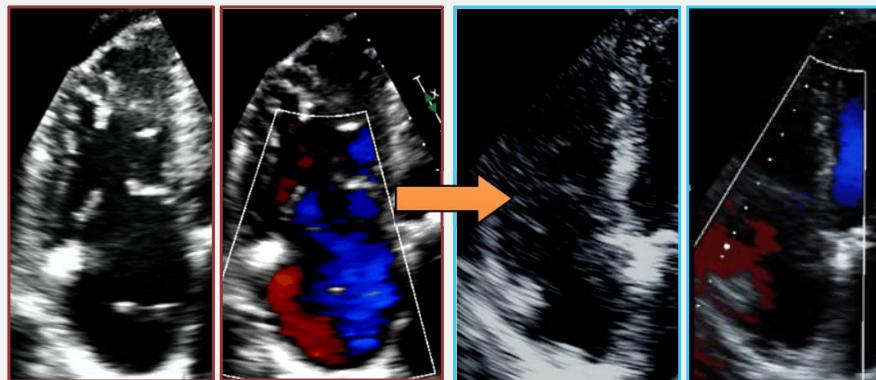


Dreyfus et al. ATS 2005

- TA dilatation occurs mostly along the RV free-wall
- Septal portion of the tricuspid annulus relatively fixed

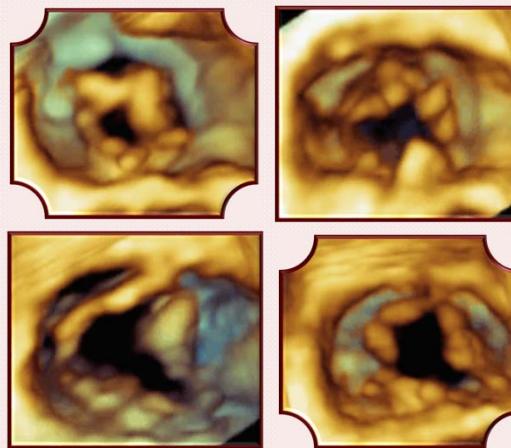
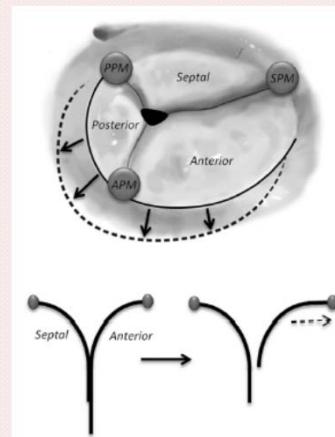
## TRICUSPID REGURGITATION IS LOAD DEPENDENT

Pre/Post Peritoneal Dialysis: Normal Annular Dimension



Annulus diameter may be a better indicator of TV dysfunction than presence/absence of TR

## MECHANISMS OF TRICUSPID REGURGITATION

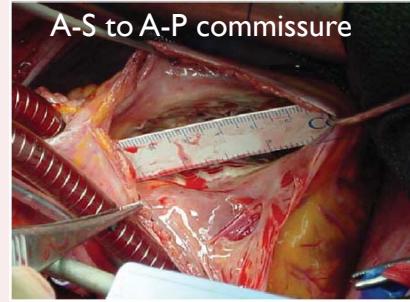


TR is highly dependent on annular dilatation, with significant TR occurring with only 40% dilatation, whereas it was seen at 75% dilatation in vitro MV studies.  
i.e. the TV leaks earlier than the MV

Spinner EM. Circulation 2011

## IMPORTANCE OF TRICUSPID ANNULUS SIZE IN SECONDARY TR

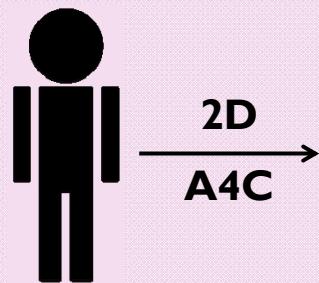
- N = 311 who had MV repair
- TV annuloplasty performed if TA diameter  $\geq 70$  mm
- Performing tricuspid annuloplasty based on TA dilatation rather than TR degree results in improved surgical outcome



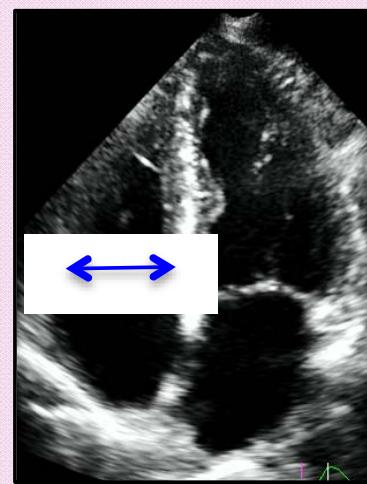
	MV + TV repair	MV repair only	
Event-free survival @ 10 y	90.5%	93%	p=NS
Grade III-IV TR	<1%	34%	p<0.001
Class III-IV CHF	0%	14%	P < 0.01

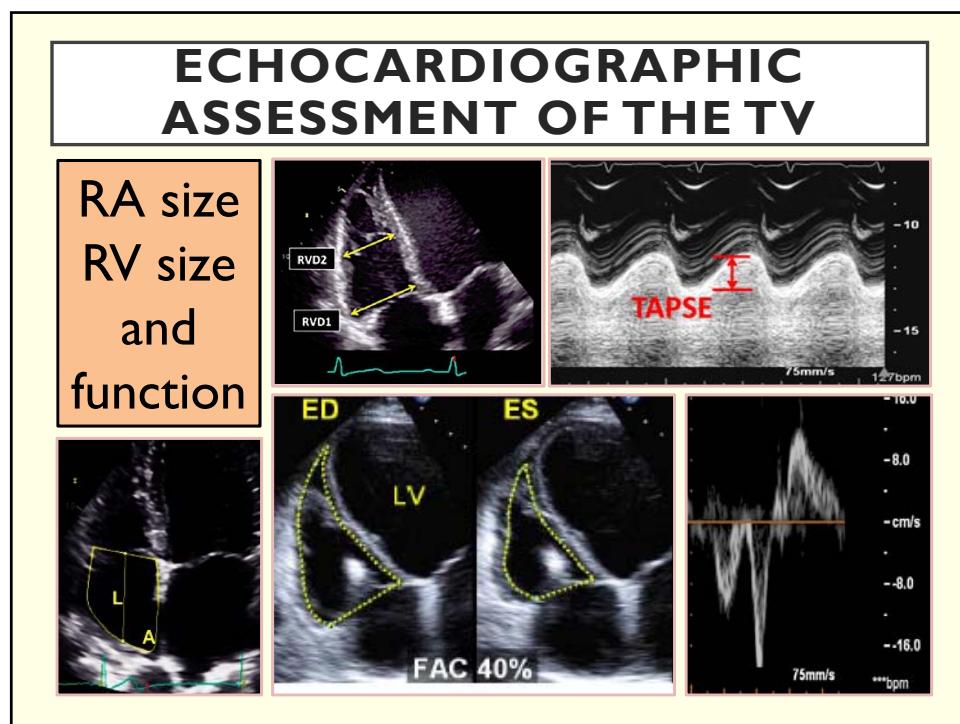
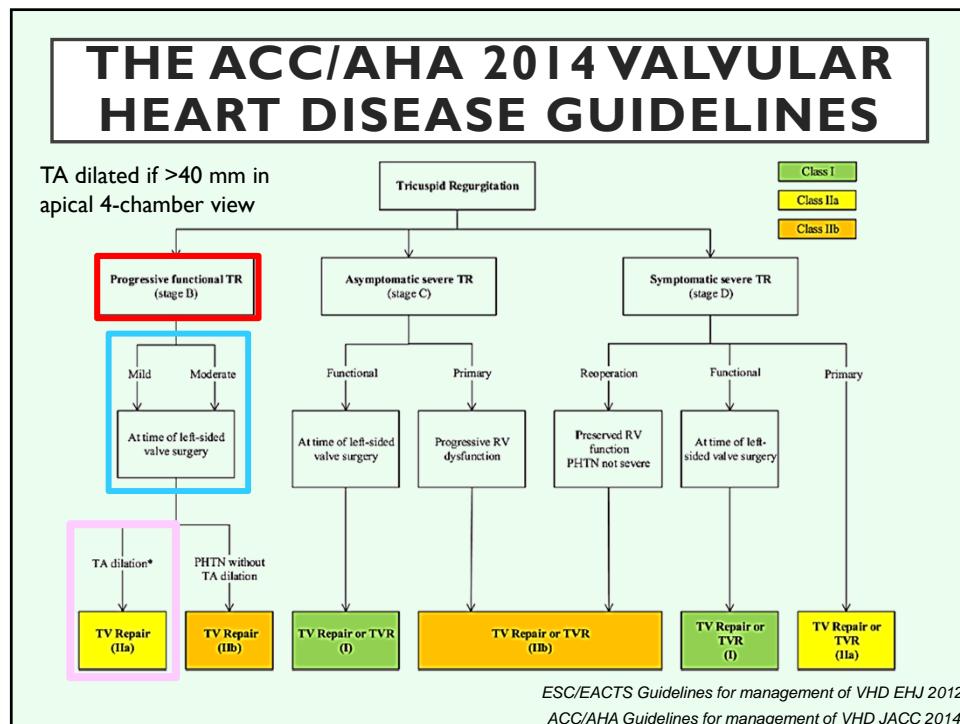
Dreyfus et al. Ann Thorac Surg, 2005

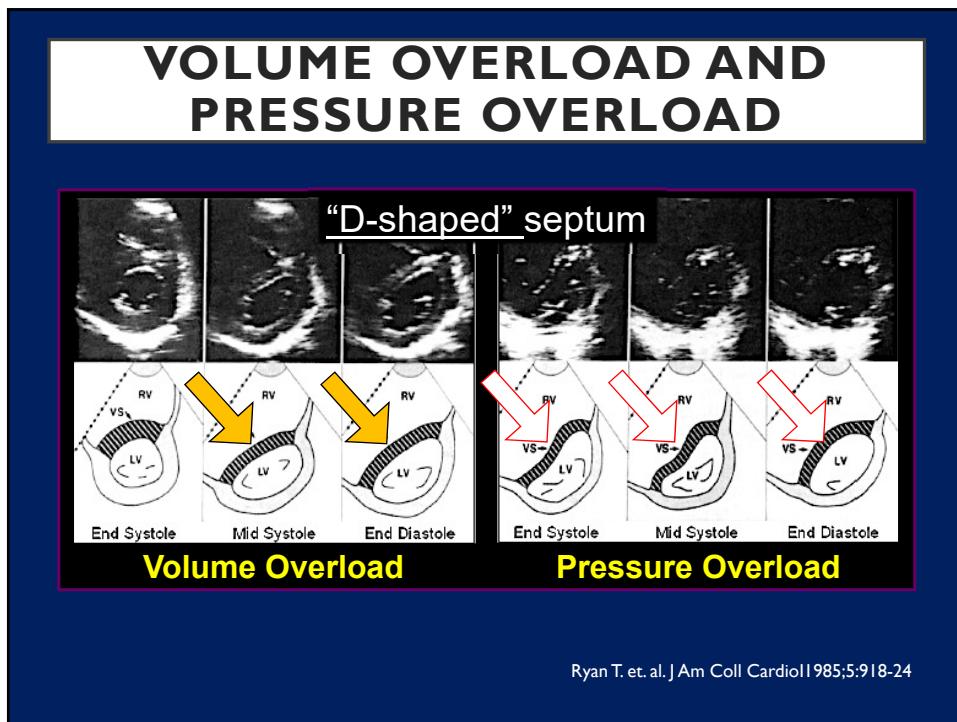
## FUNCTIONAL TRICUSPID REGURGITATION



A diastolic diameter  $>40$  mm  
(or  $>21\text{mm}/\text{m}^2$ ) indicates significant annular dilation







**ECHOCARDIOGRAPHIC ASSESSMENT OF THE TV**

- 1. Tricuspid valve dysfunction**
  - Regurgitation: Jet area, VC, PISA, Jet density, Hepatic veins
  - Stenosis
- 2. Systolic PA pressure + IVC**
- 3. Associated left-sided heart disease**

## ASE GUIDELINES AND STANDARDS

### Recommendations for Noninvasive Evaluation of Native Valvular Regurgitation

A Report from the American Society of Echocardiography  
Developed in Collaboration with the Society for Cardiovascular Magnetic Resonance

William A. Zoghbi, MD, FASE (Chair), David Adams, RCS, RDCS, FASE, Robert O. Bonow, MD, Maurice Enriquez-Sarano, MD, Elyse Foster, MD, FASE, Paul A. Grayburn, MD, FASE, Rebecca T. Hahn, MD, FASE, Yuchi Han, MD, MMSc,\* Judy Hung, MD, FASE, Roberto M. Lang, MD, FASE, Stephen H. Little, MD, FASE, Dipan J. Shah, MD, MMSc,\* Stanton Shernan, MD, FASE, Paaladinesh Thavendiranathan, MD, MSc, FASE,\* James D. Thomas, MD, FASE, and Neil J. Weissman, MD, FASE, *Houston and Dallas, Texas; Durham, North Carolina; Chicago, Illinois; Rochester, Minnesota; San Francisco, California; New York, New York; Philadelphia, Pennsylvania; Boston, Massachusetts; Toronto, Ontario, Canada; and Washington, DC*

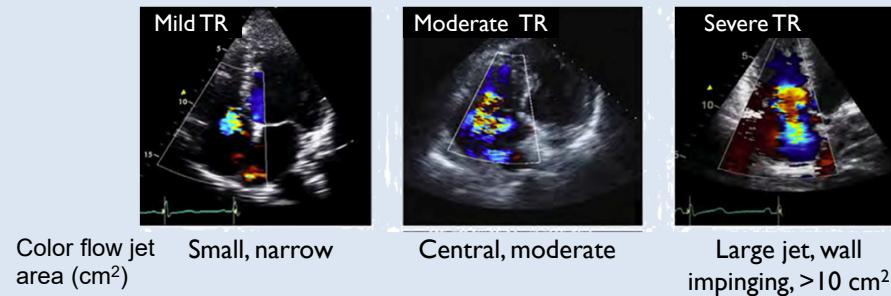
JASE 2017

## ECHOCARDIOGRAPHIC ASSESSMENT OF THE TV

### Color Doppler Imaging

1. Jet area
2. Vena contracta
3. Proximal flow convergence

# TR QUANTIFICATION: JET AREA



## Pitfalls:

- Dependent on driving pressure, jet direction
  - May over-estimate central jets and underestimate eccentric jets

Zoghbi W. et. al. JASE 2017

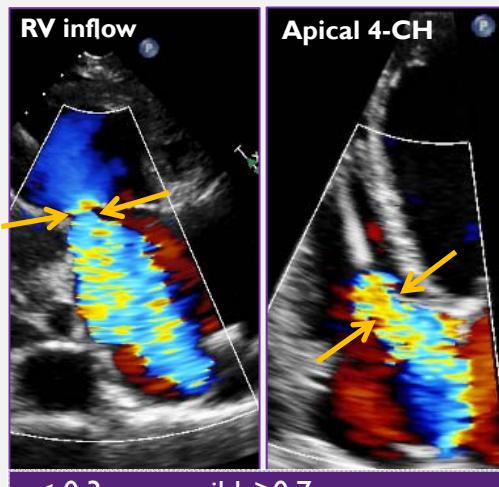
## TR QUANTIFICATION: VENA CONTRACTA

Pro

- Independent of flow rate and driving pressure for a fixed orifice
  - Less dependent on technical factors
  - Good for severe TR

Con

- Problematic in multiple jets
  - Convergence zone needs to be seen



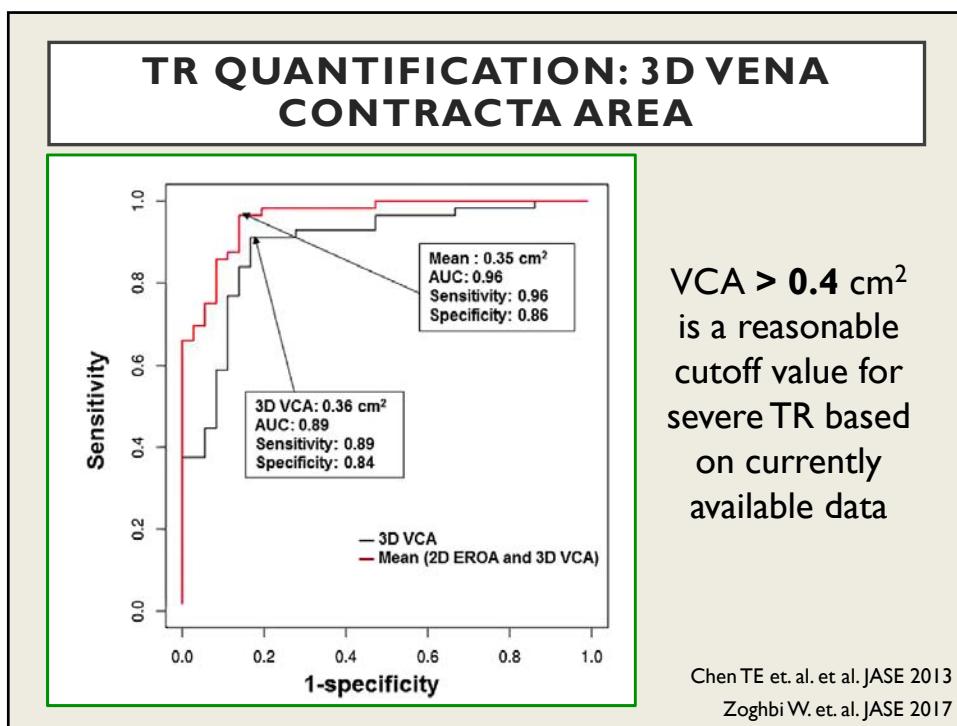
Nyquist 50-60 cm/s

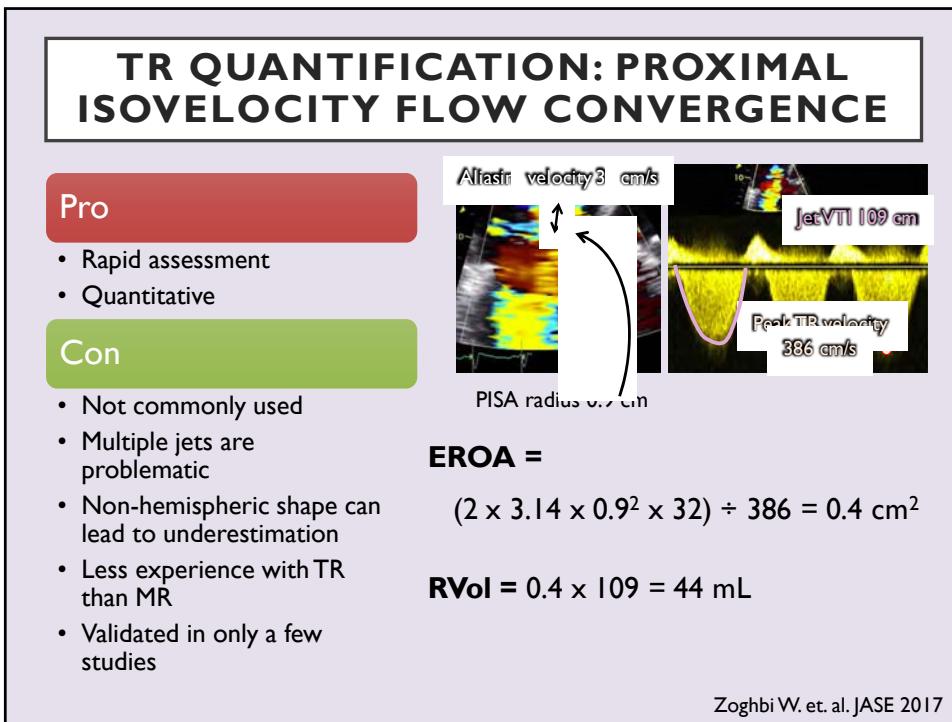
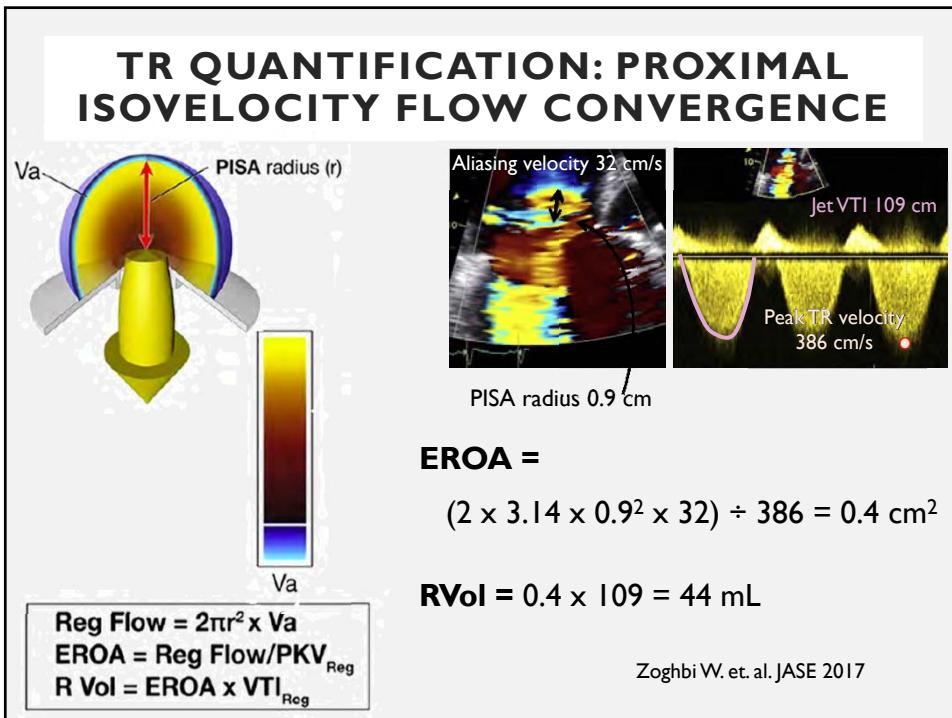
Zoghbi W. et. al. JASE 2017

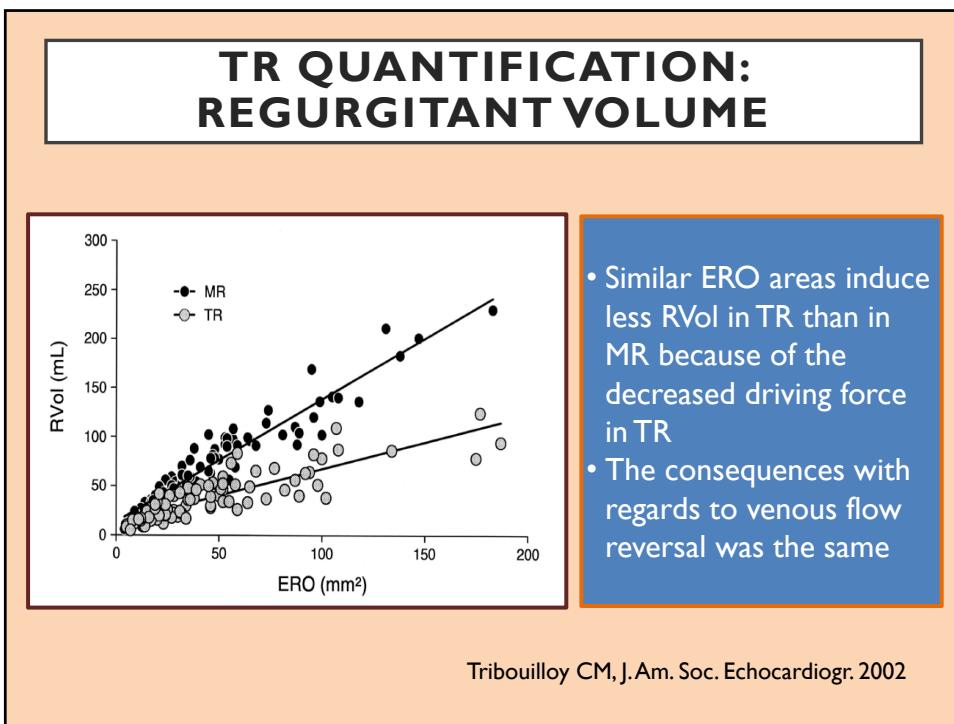
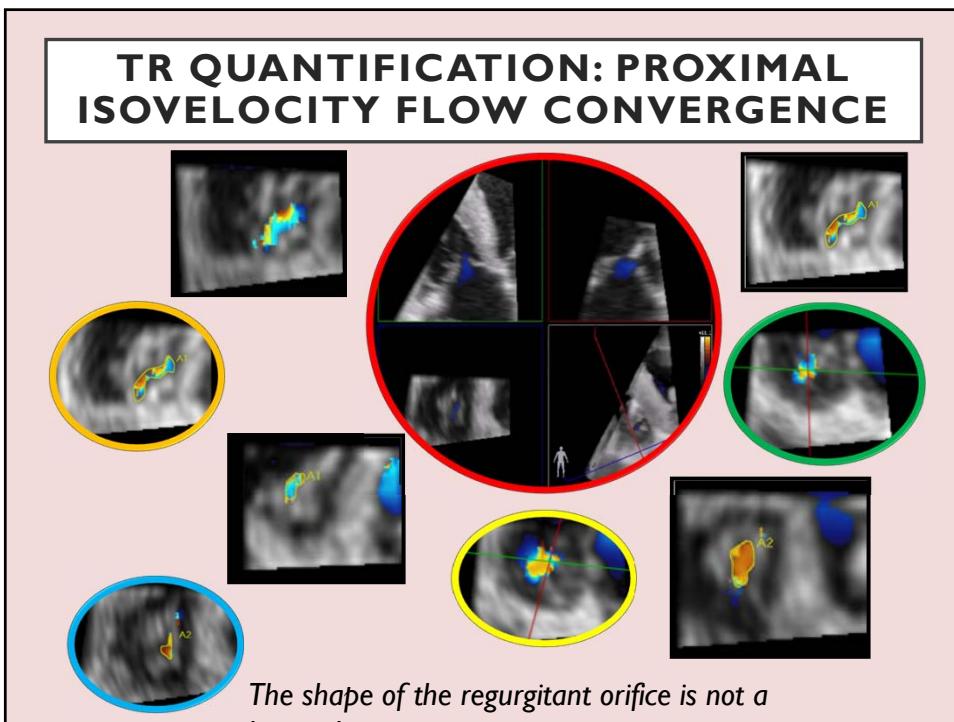
## TR QUANTIFICATION: 3D VENA CONTRACTA AREA

- 3D CD dataset
- Align orthogonal planes along jet
- Use mid-systole
- Limited spatial resolution may lead to overestimation

Zoghbi W. et al. JASE 2017







## TR QUANTIFICATION: REGURGITANT VOLUME

**Table 2** Diagnostic value for severe regurgitation of various thresholds of ERO area and RVol\*

Parameter	Mitral regurgitation				Tricuspid regurgitation			
	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
ERO area								
$\geq 20 \text{ mm}^2$	96	37	35	96	97	36	45	96
$\geq 30 \text{ mm}^2$	92	61	46	96	97	70	65	98
$\geq 40 \text{ mm}^2$	<b>88</b>	<b>76</b>	<b>56</b>	<b>95</b>	<b>94</b>	<b>89</b>	<b>82</b>	<b>96</b>
RVol								
$\geq 30 \text{ mL}$	100	27	33	100	94	67	62	95
$\geq 45 \text{ mL}$	92	47	38	94	74	95	80	87
$\geq 60 \text{ mL}$	<b>88</b>	<b>67</b>	<b>49</b>	<b>94</b>	41	100	100	75

ERO, Effective regurgitant orifice; RVol, regurgitant volume; PPV, positive predictive value; NPV, negative predictive value.

\*Thresholds written in boldface are those with the highest sum of sensitivity and specificity.

Tribouilloy et al. Journal of the American Society of Echocardiography Volume 15 Number 9

## TR QUANTIFICATION: REGURGITANT VOLUME

Parameters	Mild	Moderate	Severe
<b>Structural</b>			
TV morphology	Normal or mildly abnormal leaflets	Moderately abnormal leaflets	Severe valve lesions (e.g., flail leaflet, severe retraction, large perforation)
RV and RA size	Usually normal	Normal or mild dilatation	Usually dilated*
Inferior vena cava diameter	Normal < 2 cm	Normal or mildly dilated 2.1- 2.5 cm	Dilated > 2.5 cm
<b>Qualitative Doppler</b>			
Color flow jet area <sup>†</sup>	Small, narrow, central	Moderate central	Large central jet or eccentric wall-impinging jet of variable size
Flow convergence zone	Not visible, transient or small	Intermediate in size and duration	Large throughout systole
CWD jet	Faint/partial/parabolic	Dense, parabolic or triangular	Dense, often triangular
<b>Semiquantitative</b>			
Color flow jet area ( $\text{cm}^2$ ) <sup>†</sup>	Not defined	Not defined	>10
VCW ( $\text{cm}$ ) <sup>†</sup>	<0.3	0.3-0.69	≥0.7
PISA radius ( $\text{cm}$ ) <sup>‡</sup>	≤0.5	0.6-0.9	>0.9
Hepatic vein flow <sup>§</sup>	Systolic dominance	Systolic blunting	Systolic flow reversal
Tricuspid inflow <sup>§</sup>	A-wave dominant	Variable	E-wave >1.0 m/sec
<b>Quantitative</b>			
EROA ( $\text{cm}^2$ )	<0.20	0.20-0.39	≥0.40
RVol (2D PISA) (mL)	<30	30-44 <sup>  </sup>	≥45

Zoghbi W. et. al. JASE 2017

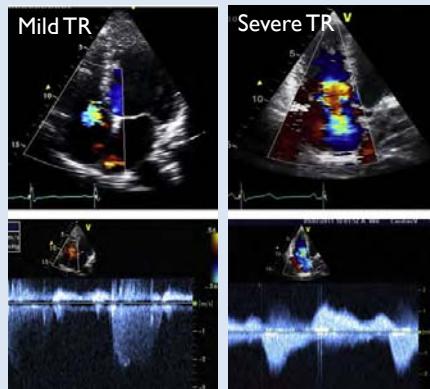
## TR QUANTIFICATION: CONTINUOUS WAVE DOPPLER

### Pro

- Simple
- Density is proportional to the number of RBCs reflecting the signal

### Con

- Overlap between moderate and severe
- Pattern seen in severe TR may be present in patients with severely elevated RA pressure



Zoghbi W. et. al. JASE 2017

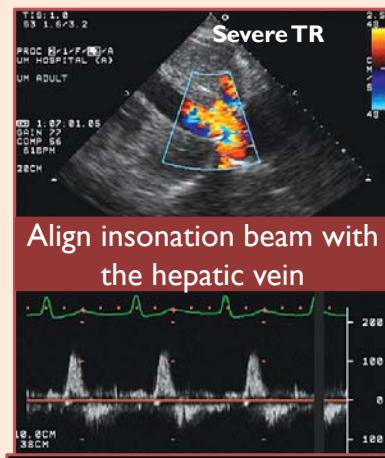
## TR QUANTIFICATION: HEPATIC VEIN PULSE WAVE DOPPLER

### Pro

- Simple
- Can be obtained with both TTE and TEE

### Con

- Depends on compliance of the RA and RV
- Affected by respiration, preload, pacemaker rhythm, CHB and atrial fibrillation/flutter



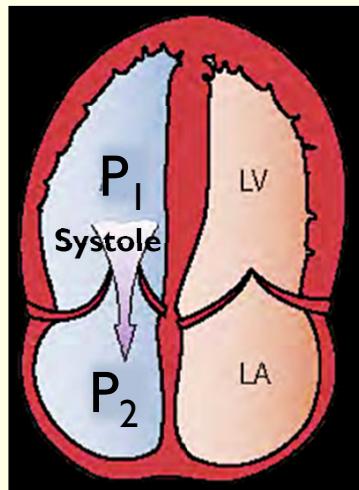
Reversal of flow in the hepatic vein with severe TR

Feigenbaum's Echocardiography and Zoghbi W. et. al. JASE 2017

## ECHOCARDIOGRAPHIC ASSESSMENT OF THE TV

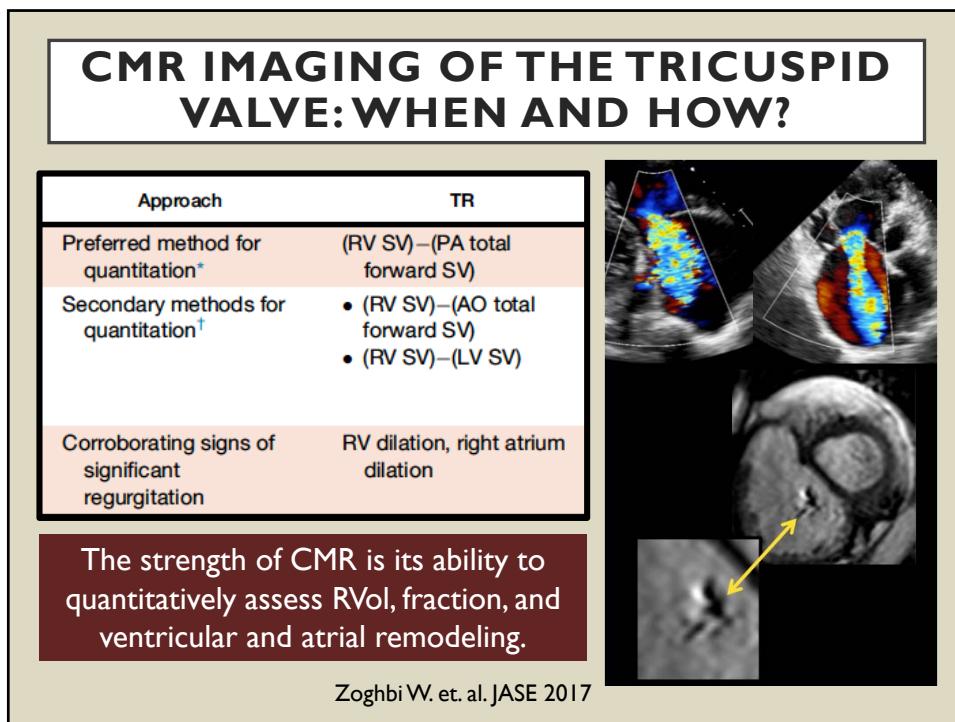
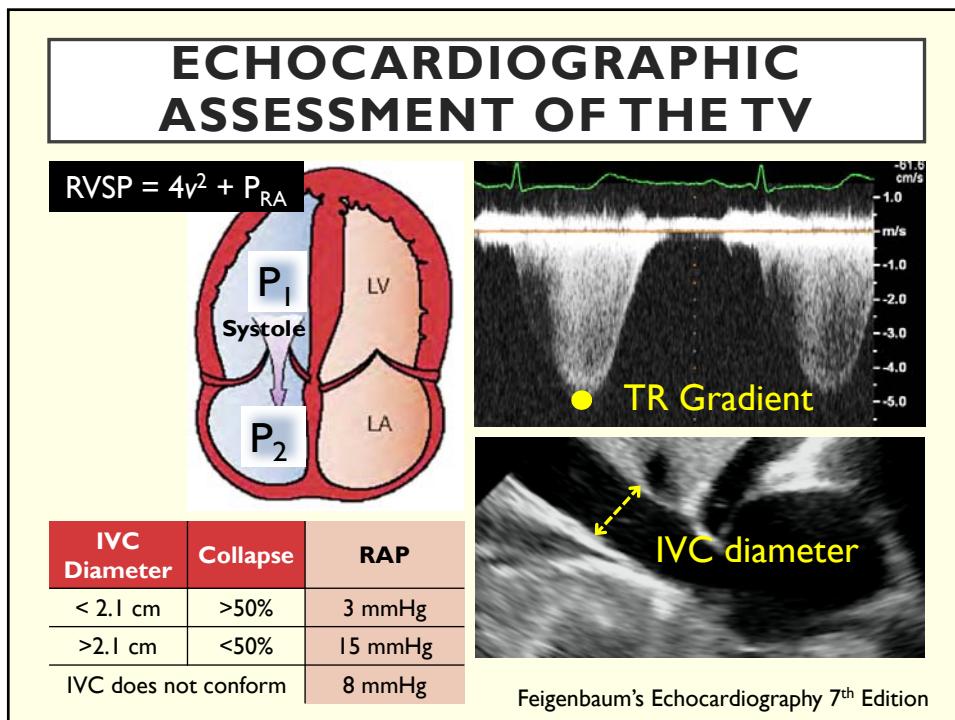
Systolic PA pressure + IVC

## ECHOCARDIOGRAPHIC ASSESSMENT OF THE TV



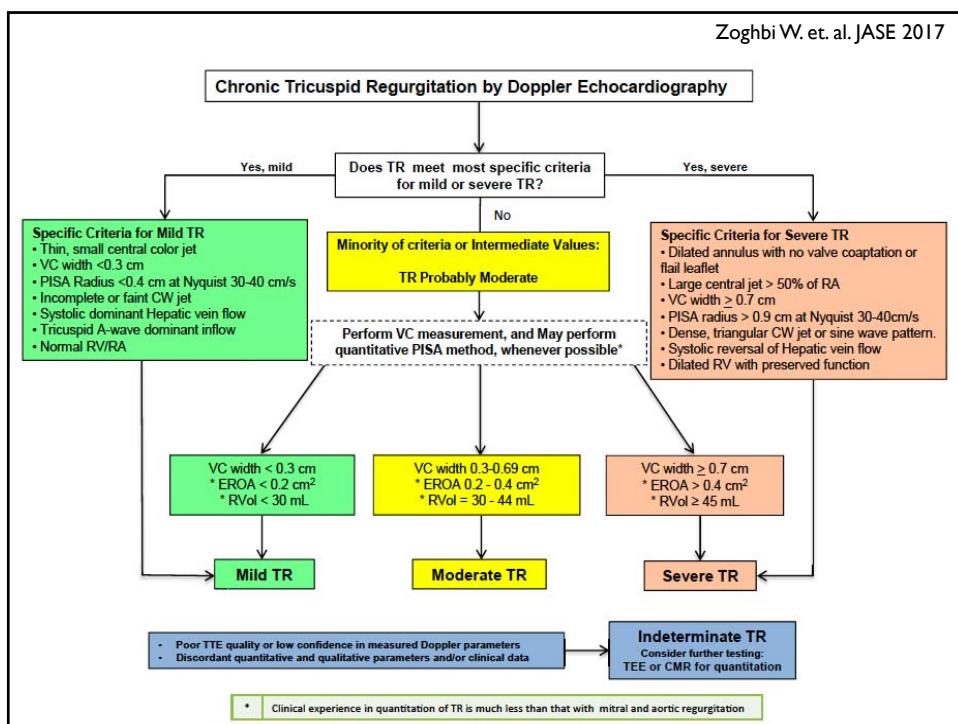
$$\begin{aligned} P_1 - P_2 &= 4v^2 \\ P_1 &= 4v^2 \times P_2 \\ \text{RVSP} &= 4v^2 + P_{RA} \\ V &= \text{Peak velocity of TR jet} \\ P_{RA} &= \text{Jugular venous pulse} \\ &\quad (\text{estimated using IVC collapsibility}) \end{aligned}$$

Feigenbaum's Echocardiography 7<sup>th</sup> Edition



Parameters	Mild	Moderate	Severe
<b>Structural</b>			
TV morphology	Normal or mildly abnormal leaflets	Moderately abnormal leaflets	Severe valve lesions (e.g., flail leaflet, severe retraction, large perforation)
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EROA ( $\text{cm}^2$ )	<0.20	0.20-0.39 <sup>  </sup>	≥0.40
RVol (2D PISA) (mL)	<30	30-44 <sup>  </sup>	≥45

JASE 2017



## NEW DIRECTIONS: EVALUATION OF FTR A MORE COMPREHENSIVE APPROACH

**TABLE 1** Stages of Functional Tricuspid Regurgitation

	Stage 1	Stage 2	Stage 3
TR severity	None or mild	Mild or moderate	Severe
Annular diameter, mm	<40	>40	>40
Leaflet coaptation mode	Normal*	Edge-to-edge*	Absent†

\*No leaflet tethering (<8 mm). †Leaflet tethering may be present ( $\geq 8$  mm). ‡If leaflet tethering is present.  
TR = tricuspid regurgitation.

Dreyfus, GD. et. al. J Am Coll Cardiol 2015

## MECHANISMS OF TRICUSPID STENOSIS

Rheumatic

Infiltration

Rare

Carcinoid

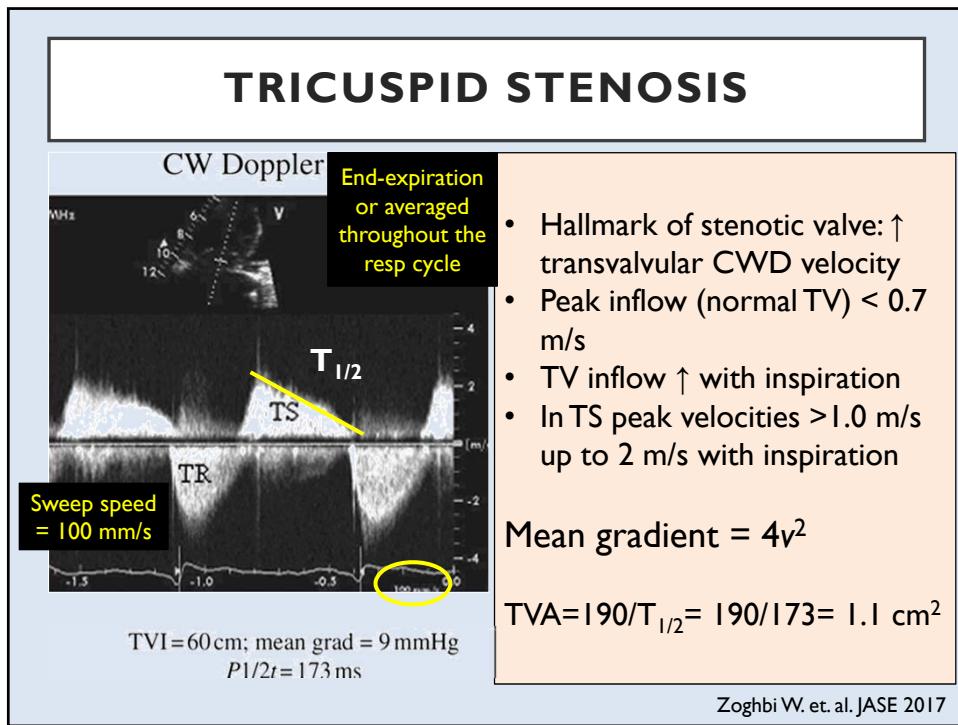
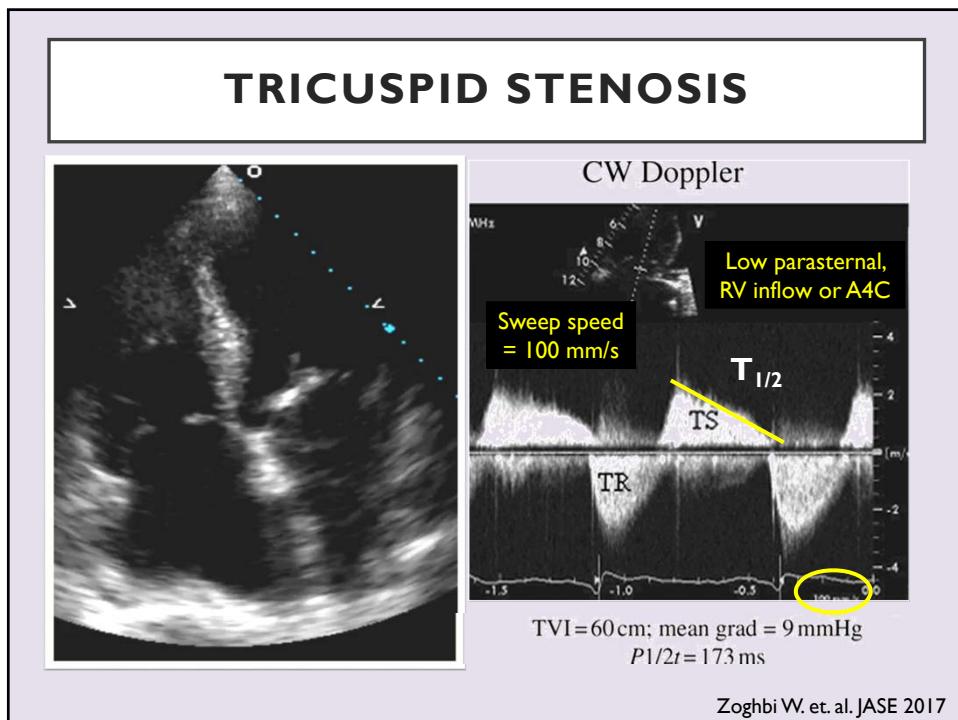
Congenital, valvular or  
pacemaker IE,  
mechanical obstruction,  
Lupus valvulitis

Consequence of TS

Tricuspid  
stenosis

Elevation of  
RA pressure

Right-sided  
heart failure



## TRICUSPID STENOSIS

Findings indicative of hemodynamically significant TS\*

### Specific findings

Mean pressure gradient	$\geq 5$ mmHg
Inflow time-velocity integral	$>60$ cm
$T_{1/2}$	$\geq 190$ ms
Valve area by continuity equation <sup>a</sup>	$\leq 1 \text{ cm}^2$ <sup>a</sup>

### Supportive findings

- Enlarged right atrium  $\geq$ moderate
- Dilated inferior vena cava

<sup>a</sup>Stroke volume derived from left or right ventricular outflow. In the presence of more than mild TR, the derived valve area will be underestimated. Nevertheless, a value  $\leq 1 \text{ cm}^2$  implies a significant haemodynamic burden imposed by the combined lesion.

\*with or without regurgitation

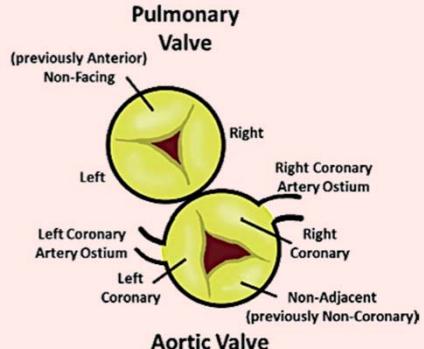
Zoghbi W. et. al. JASE 2017

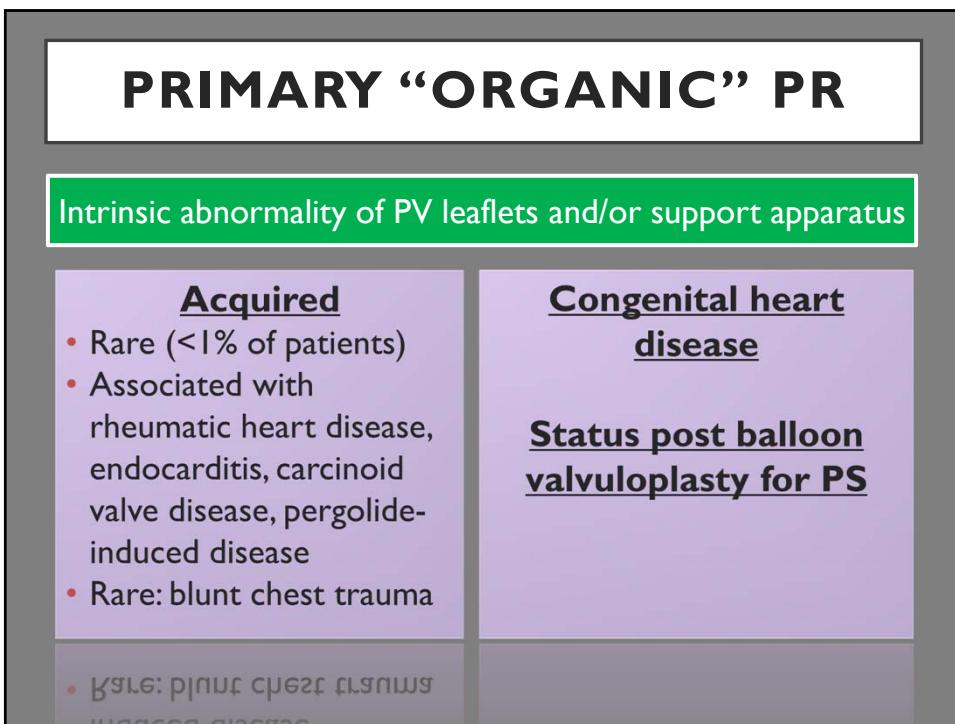
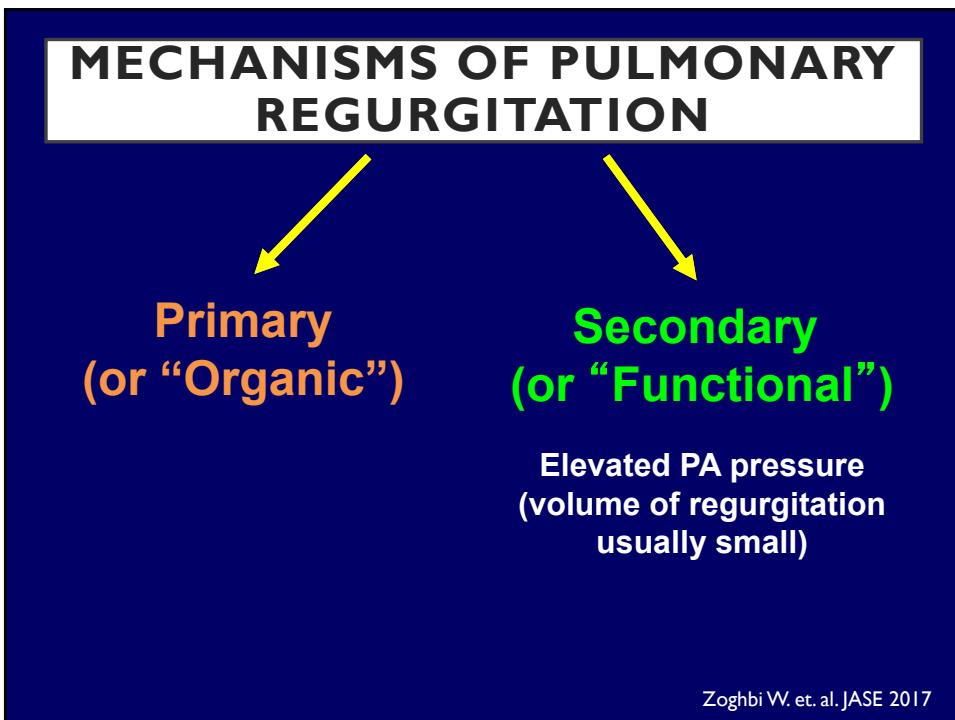
## THE NORMAL PULMONIC VALVE

The PV is a semilunar valve with 3 cusps

Aims of imaging

- Inspection of valve and leaflets
- Quantify stenosis/regurgitation
- Assess the RVOT
- Pulmonary annulus
- Main PA
- Proximal PA branches
- RV size and function





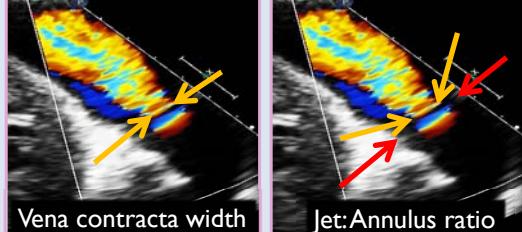
### PR QUANTIFICATION: VENA CONTRACTA AND JET WIDTH: PV ANNULUS RATIO

**Pro**

- VC is a surrogate for ERO, is independent of flow rate and driving pressure for a fixed orifice
- Less dependent on technical factors

**Con**

- Problematic in multiple jets
- No cut-offs



Vena contracta width

Jet:Annulus ratio

1. Vena contracta width
2. Jet : PV annulus ratio  $>0.5$  correlates with severe PR on CMR
3. Jet length ( $<10$  mm = mild PR)
4. Jet area

Use: Parasternal SAX or subcostal views, zoomed in diastole

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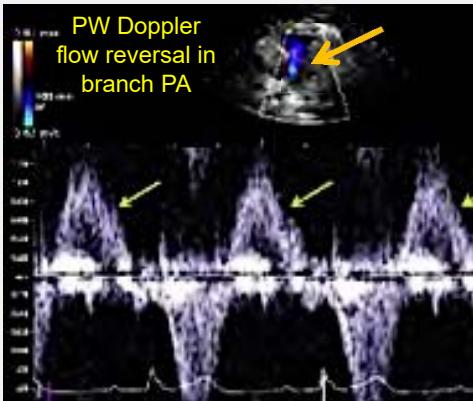
### PR QUANTIFICATION: PULSE WAVE DOPPLER

**Pro**

- Simple supportive sign of severe PR

**Con**

- Depends on compliance of the PA
- Brief velocity reversal is normal



PW Doppler flow reversal in branch PA

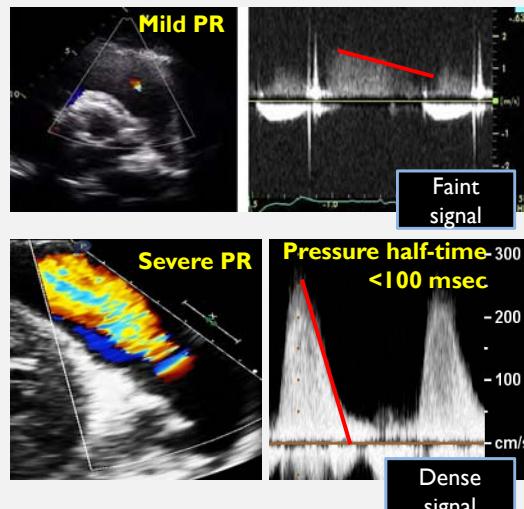
Align ultrasound beam with the flow in the RPA and LPA. Obtain PWD from both branch PAs

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## PR QUANTIFICATION: CONTINUOUS WAVE DOPPLER

### Pro

- Simple
- Density is proportional to the number of red blood cell reflecting the signal
- Faint/incomplete jet is compatible with mild PR
- Values of PHT <100 msec are consistent with severe PR



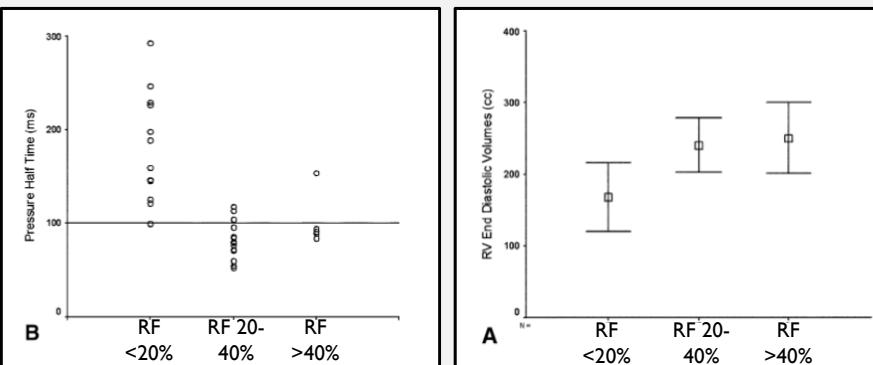
### Con

- Poor alignment of Doppler may occur in eccentric jets
- Affected by RV and PA pressure

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## PR QUANTIFICATION: CONTINUOUS WAVE DOPPLER

N=34; Repaired TOF. Echo/CMR within 3 months



RF = Regurgitant fraction measured on CMR. RV end-diastolic volumes also measured on CMR

Silversides CK et. al. J Am Soc Echocardiogr 2003;16:1057-62

## PR QUANTIFICATION: REGURGITANT VOLUME AND FRACTION

**Pro**

- Simple
- Density is proportional to the number of red blood cell reflecting the signal
- Faint/incomplete jet is compatible with mild PR
- Values of PHT <100 msec are consistent with severe PR

**Con**

- Poor alignment of Doppler may occur in eccentric jets
- Affected by RV and PA pressure

The top row shows a color Doppler image of a regurgitant jet labeled "Mild PR" and a corresponding pulsed-wave Doppler waveform labeled "Faint signal". The bottom row shows a color Doppler image of a more intense regurgitant jet labeled "Severe PR" and a corresponding pulsed-wave Doppler waveform labeled "Dense signal".

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## PR QUANTIFICATION: REGURGITANT VOLUME AND FRACTION

**A** RVOT Diam = 3.0 cm  
**B** RVOT VTI = 18.5 cm  
**C** LVOT Diam = 2.1 cm  
**D** LVOT VTI = 20.59 cm

**RVOT diameter**      **RVOT VTI**  
**LVOT diameter**      **LVOT VTI**

$$\text{RVol} = \text{SV}_{\text{RVOT}} - \text{SV}_{\text{LVOT}}$$

$$\text{SV}_{\text{LVOT}} = \text{CSA}_{\text{LVOT}} * \text{VTI}_{\text{LVOT}}$$

$$\text{SV}_{\text{RVOT}} = \text{CSA}_{\text{RVOT}} * \text{VTI}_{\text{RVOT}}$$

$$\text{CSA}_{\text{LVOT}} = 0.785 * d_{\text{LVOT}}^2 * \text{VTI}_{\text{LVOT}}$$

$$\text{CSA}_{\text{RVOT}} = 0.785 * d_{\text{RVOT}}^2 * \text{VTI}_{\text{RVOT}}$$

$$\text{RVol} = (0.785 * 3^2 * 18.5) - 0.785 * 2.1^2 * 20.59$$

$$\text{RVol} = 131 - 71$$

$$\text{RVol} = 60 \text{ mL}$$

$$\text{RF} = \text{RVol}/\text{SV}_{\text{RVOT}}$$

$$\text{RF} = 60/131 = 46\%$$

$\text{CSA}_{\text{LVOT}} = \pi r_{\text{LVOT}}^2 \text{ with } r = \text{LVOT}/2$

$\text{CSA}_{\text{LVOT}} = 0.785 * d_{\text{LVOT}}^2$

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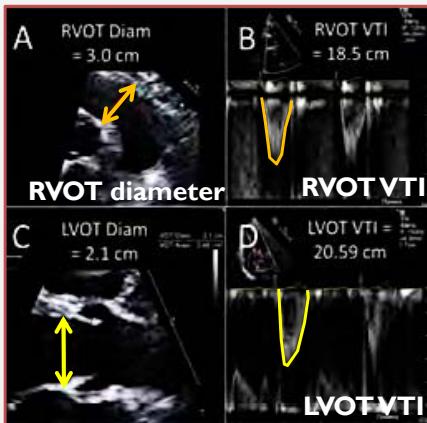
## PR QUANTIFICATION: REGURGITANT VOLUME AND FRACTION

### Pro

- Valid with multiple jets
- Quantitative

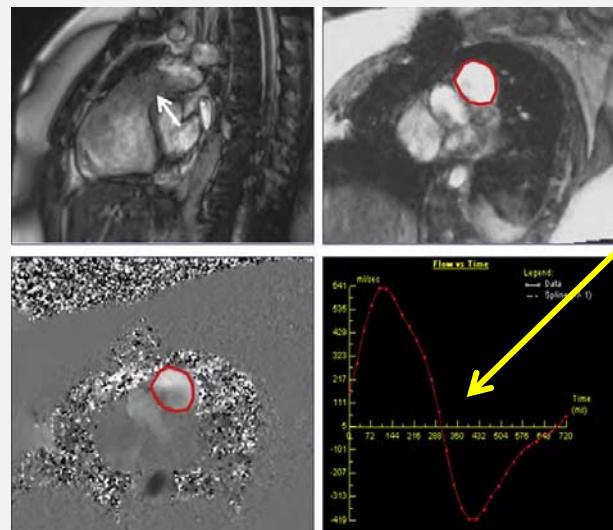
### Con

- RVOT probably most difficult site to measure SV
- In case of AR would need to use mitral annulus site
- Scant experience



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## PR QUANTIFICATION: REGURGITANT VOLUME AND FRACTION BY CMR



Forward SV by phase contrast was 129 mL, and reverse (regurgitant) volume was 78 mL, yielding an RF of 60%

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## PR QUANTIFICATION: SUMMARY

**Table 16** Echocardiographic and Doppler parameters useful in grading PR severity

Parameter	Mild	Moderate	Severe
Pulmonic valve	Normal	Normal or abnormal	Abnormal and may not be visible
RV size	Normal*	Normal or dilated	Dilated†
Jet size, color Doppler‡	Thin (usually <10 mm in length) with a narrow origin	Intermediate	Broad origin; variable depth of penetration
Ratio of PR jet width/pulmonary annulus			>0.7§
Jet density and contour (CW)	Soft	Dense	Dense; early termination of diastolic flow
Deceleration time of the PR spectral Doppler signal			Short, <260 msec
Pressure half-time of PR jet			<100 msec
PR index¶		<0.77	<0.77
Diastolic flow reversal in the main or branch PAs (PW)			Prominent
Pulmonic systolic flow (VTI) compared to systemic flow (LVOT VTI) by PW	Slightly increased	Intermediate	Greatly increased
RF**	<20%	20%-40%	>40%

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## MECHANISMS OF PULMONARY STENOSIS

### Congenital

The valve can be tri-leaflet, bicuspid, unicuspid, dysplastic

Associated with TOF, DORV, complete AV canal defect

Peripheral PS may co-exist with PS (Noonanss, Williams)

**Most common**

### Acquired

Rheumatic, Carcinoid (combined stenosis and regurgitation)

Functional pulmonary stenosis (external compression of RVOT)

Proximal (RVOT) stenosis  
Supra-valvular stenosis

## PS QUANTIFICATION

RV  
RA  
AV  
LA  
PA

**CW Doppler**

Peak Gradient = 35 mmHg

Bernoulli equation  $P=4V^2$

	Mild	Moderate	Severe
Peak velocity (m/s)	<3	3–4	>4
Peak gradient (mmHg)	<36	36–64	>64

Feigenbaum's Echocardiography and Hung J. et. al. JASE 2009

## PS QUANTIFICATION

RA  
branch stenosis (5%)  
supravalvular (1-2%)  
valvular (80-90%)  
subvalvular (±5%)  
RV

**CW Doppler**

Peak Gradient = 35 mmHg

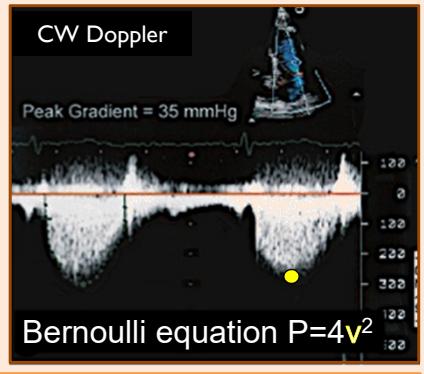
Bernoulli equation  $P=4V^2$

	Mild	Moderate	Severe
Peak velocity (m/s)	<3	3–4	>4
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Cuypers JAAE, et al Heart 2013  
Feigenbaum's Echocardiography and Hung J. et. al. JASE 2009

## PS QUANTIFICATION

$sPAP = RVSP - PV$   
pressure gradient



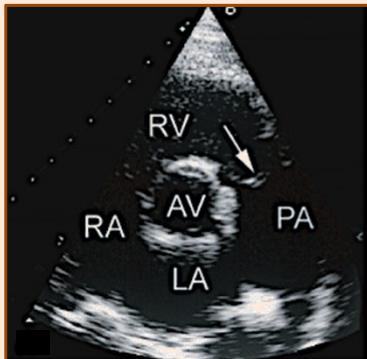
CW Doppler  
Peak Gradient = 35 mmHg

Bernoulli equation  $P = \frac{1}{2} \rho V^2$

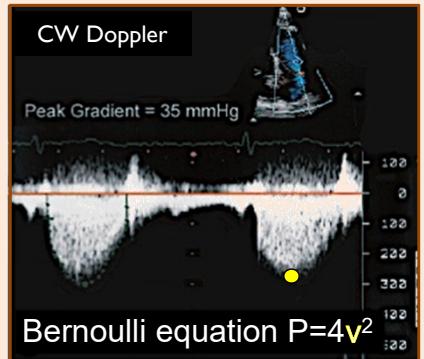
	Mild	Moderate	Severe
Peak velocity (m/s)	<3	3–4	>4
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Cuypers JAAE, et al Heart 2013  
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## PS QUANTIFICATION



CW Doppler  
Peak Gradient = 35 mmHg



CW Doppler  
Peak Gradient = 35 mmHg

Bernoulli equation  $P = \frac{1}{2} \rho V^2$

	Mild	Moderate	Severe
Peak velocity (m/s)	<3	3–4	>4
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